

# Relationships Education

We would like to take this opportunity to share with you the new statutory requirements for Relationships Education and Health Education and make you aware of the curriculum and how this will be taught. The honest and genuine partnership with our parents and carers is of vital importance to us. As the primary teachers of your children, we would like to ensure you are well-informed on the teaching and the content of the subject and to offer you the opportunity to share with us any thoughts and opinions you may have. We are committed to promoting the importance of implementing the delivery of Relationships Education in order to support every child in being comfortable in their own skin and becoming the best version of themselves. We take great pride in offering our children a first-class education that keeps them safe, prepares them for the world in which they are growing up to become good global citizens and to foster respect for others and for celebrating difference.

## What will my child be learning about?

- 1. Families of People Caring for Us** - The characteristics of a healthy family and how relationships work.
- 2. Caring Friendships** - The importance of friendships and what is considered a healthy and happy one.
- 3. Respectful Relationships** - Respect towards others and towards oneself.
- 4. Online Relationships** - The importance of discriminating between the real and online world.
- 5. Being Safe** - How the children can keep themselves safe.

At Newcomen Primary School, the teaching of Relationships Education follows the DfE statutory guidance. It consists of high-quality, age-related and developmentally appropriate content which is taught sensitively and inclusively, with respect for the backgrounds of beliefs of pupils and parents and carers. The subject is delivered through a detailed Personal Social and Health Education (PSHE) programme of study with a mindful approach. The aim of Relationships Education is to put in place the building blocks needed for positive and safe relationships of all kinds. We want to provide our pupils with the knowledge they need to prepare them to play a full part in society as responsible citizens.

We know parents and carers are the primary teachers of their children and this subject should complement what pupils are taught at home. The following areas will also be included in the teaching of the subject:

- Mental wellbeing
- Internet safety
- Physical health
- Drugs, alcohol and tobacco
- Health and prevention
- Basic first aid
- The changing adolescent body
- LGBT - Fostering respect for different types of relationships is part of this subject. It is essential that children are educated about healthy relationships regardless of the form or type.

All children are entitled to and should receive age-appropriate lessons on safe and healthy relationships. Under the current statutory guidance, parents of children in school will not be able to opt their child out of the teaching of any aspect of Relationships Education.

We value your views on your child's education and we are here to answer any arising questions. If you have any comments or questions on the new statutory requirements, please do get in touch. The Relationships Education Policy is available to view on the website.

With warmest wishes,  
**Miss Pusztai**  
Headteacher

